

ALEJANDRO GONZALEZ, MD

Bilingual Sports Medicine Physician in English and Spanish

Contact@DrAlejandroGonzalez.com

Current Position

Sports Medicine Fellow

Jul 2026 - Jul 2027

Loyola University Medical Center - MacNeal Hospital, IL

Licensure & Board Certification

Board certified in Family Medicine

Licensed Physician in Illinois

Credentialing information available upon request.

Education

McNeal - Loyola University Medical Center
Sports Medicine Fellowship

Jul 2026 - Jul 2027

Rush University Medical Center | Esperanza Health Center
Family Medicine Residency

Jul 2022 - Jul 2025

University of Illinois at Chicago, College of Medicine
Doctor of Medicine

Aug 2018 - May 2022

University of Illinois at Chicago College of Medicine
Urban Health Program, (Non-degree) Pre-Admission Program

Aug 2017 - Jul 2018

Loyola University Chicago
Bachelor of Science in Chemistry w/Biochemistry Emphasis
Minor in Biology

Jan 2009 - May 2014

Research Experience

Midwest Orthopedics at Rush | Esperanza Health Centers Oct 2024 - Present
Dept of Sports Medicine, Dept of Family Medicine
Resident Physician

Advisors: Jeremy Alland MD., Caitlin Nicholson MD.

Ongoing: **Home and Office-based Screening for Early Detection of Sarcopenia in Middle-Aged-Adults Ages 40-60: A Systematic Review and Meta-Analysis.**

Responsibilities: Prelim Literature review, study design, pilot search, PROSPERO registration, interprofessional team management, search strategy optimization, data extraction design, and independent reviewer.

RUMC | Esperanza Health Centers Jul 2024 - Jun 2025
Dept of Family Medicine
Resident Physician

Advisors: Emma Worringer MD., Kathleen Rowland MD., Sydney Doe MD., Anna Nguyen DO., Lauren Anderson PhD., Rebecca Lara MD.

Manuscript in Process: **Screening Disparities in Abdominal Aortic Aneurysm Screening (AAA): A Data Driven Approach to Call for POCUS Integration in a FQHC**

Responsibilities: study design, literature review, research instrument design, data collection, research team management, IRB application, data set cleaning, feature selection, log regression analysis, model performance, and poster design

UIC Dept of Orthopaedic Surgery Jun 2020 - Jun 2022
Medical Student Researcher

Advisor: Mark Gonzalez, M.D.

Study: **The Importance of Language and Culture for the Hispanic Orthopaedic Patient**

Responsibilities: Literature Review, building patient database, consenting patients, data entry

UIC Dept of Orthopaedic Surgery Apr 2020 - Apr 2021
Student Researcher

Advisor: Amy Bobko, M.D., Benjamin Goldberg, M.D.

Study: **Changes in Scapulothoracic and Scapulohumeral Angles Post Reverse Total Shoulder Arthroplasty**

Responsibilities: Manuscript drafting/editing, Data mining, XR measurements, building patient database, chart review Epic/Cerner

UIC Dept of Orthopaedic Surgery Apr 2020 - Jul 2020
Student Researcher

Advisor: Lorena Pineda, M.D., Benjamin Goldberg, M.D.

Study: **Influence of Surgical Approach in Glenoid Component Inclination After Reverse Total Shoulder Arthroplasty**

Responsibilities: Manuscript drafting/editing, Data mining, XR measurements, building patient database, chart review Epic/Cerner

Midwest Orthopaedics at Rush Jan 2019 - Apr 2020
Student Researcher

Advisor: Brett Levine, M.D., M.S.

Study: Mid-term Survivorship, Performance and Predictors of Outcome in Primary Total Hip Arthroplasty with a Porous Tantalum Femoral Prosthesis
Responsibilities: Reviewing patient charts in Athena/OBERD/Epic, Data mining, XR measurements w/OPAL RAD and EasyViz software, building patient database, manuscript drafting/editing

Midwest Orthopaedics at Rush
Student Researcher

Apr 2019 – Jul 2019

Advisor: Brett Levine, M.D., M.S.

Study: High Viscosity vs. Low Viscosity cement in Total Knee arthroplasty: Clinical outcomes and survivorship

Responsibilities: Reviewing patient charts in Athena/OBERD/Epic, Data mining, XR measurements w/OPAL RAD and EasyViz software, building patient database, manuscript drafting/editing

Midwest Orthopaedics at Rush
Student Researcher

July 2018 – Jan 2019

Advisor: Brett Levine, M.D.

Study: Wagner Cone Midterm Survivorship and Outcomes

Responsibilities: Reviewing patient charts in Athena/OBERD/Epic, Data mining, XR measurements w/OPAL RAD and EasyViz software, building patient database, manuscript drafting/editing

Professional Experience

Duly Health & Care, Family Medicine Physician
Addison, IL

Aug 2025 – Jul 2026

Built and expanded new patient panel in a developing market, led community outreach and digital engagement initiatives to increase clinic visibility, contributed to patient-facing educational content; including article authorship on supplements and FDA regulation, maintained excellent patient satisfaction (Press Ganey score = 4.9), strong clinical documentation quality (99% coding audit accuracy), top performer in productivity metrics (avg 3.4 wRVUs/encounter and avg \$628 charges/encounter).

AdmitRx.com, Pro Bono Consultant
Chicago, IL

Dec 2018 – Jun 2022

Speaking engagement on Professionalism & Networking at Loyola University Chicago for Pre-medical orgs, personal statement proofreading, MCAT study strategy development, medical school app development

Fresenius Kabi, Technical Services Department, Chemist
Melrose Park, IL

Aug 2016 – Aug 2017

Performed method transfer of oncology product-line to local QC department, Direct involvement in method development of USP <232> Elemental Impurities Screening for product-line, Trained in USP GDP

Ingredion Corporation, Chemist
Bedford Park, IL

Nov 2015 – Aug 2016

Trained in GLP, GMP, FDA, USP and ISO 17025:2005 pharmaceutical protocol, Daily use of Alliance e2695 HPLC w/ Empower Software, analysis of 24+

samples/day of in-process/finished material, conducted troubleshooting, daily verification, FTIR for OOS investigations in identification of foreign materials, Reviewed data sheets/chain of custody sheets, Audited/Reviewed SOPs

UIC Department of Physical Therapy, Research Specialist Jul 2014 – Oct 2015
Chicago, IL

Administered experimental treatments, Managed the TMF, Collected clinical data, Conducted clinical questionnaires/assessments, Recruited study participants, Scheduled interview/testing appointments, Processed blood samples, Managed intern, Monitored two research sites

Key Skills

- Native fluency in speaking, reading, and writing **Spanish**
- Proficient with Epic, Cerner, Athena, OBERD, Google sheets, Excel. Familiarity with R & Rstudio statistical software
- Proven and Effective Leadership, Excellent Interpersonal/interprofessional Communication, Project Design & Execution

Professional Development

Program Director Retreat: Giving Effective Feedback May 2024
Robin B, Aggrawal N, Bentley S, Ehyae V,
Gonzalez A, Hallmark L, Miller S, Zhang C.
Office of Graduate Medical Education Program Directors' Retreat
Rush University Medical Center

Activities & Leadership

AMSSM Resident Council <i>President</i>	Jan 2025 – Feb 2026
Resident Committee on the Rush Education Environment <i>Resident Member</i>	Sep 2024 – Sep 2025
FM Residency Didactics Committee <i>Resident Member</i>	Oct 2022 – Jun 2025
POCUS Residency Curriculum <i>POCUS Champion</i>	Sep 2022 – Jun 2025
FM Residency Recruitment Committee <i>Resident Interviewer</i>	Aug 2022 – Jun 2025
UIC Orthopedic Surgery Interest Group <i>Vice President</i>	May 2021– May 2022
UIC Orthopedic Surgery Interest Group	Oct 2019 – May 2021

Marketing Chair

Hispanic Center of Excellence at UICCOM <i>Medicina Fellow</i>	Oct 2018 – May 2022
International Brazilian Jiu-jitsu Federation <i>Blue-Belt Certification</i> <i>via Bruce Guevara Black-Belt Professor</i>	Oct 2017 – Present
Newbreed Brazilian Jiu-Jitsu Tournament <i>Gold medal in No-Gi, Silver medal in Gi</i>	Jul 2017
Hult Prize, International Entrepreneurship Competition <i>Regional Finalist, San Francisco Site</i>	Mar 2014

Volunteer Experience

Duly Health & Care symposium <i>Attending Physician Volunteer</i>	Dec 2025
Candy Carnival Community Outreach <i>Attending Physician Volunteer</i>	Oct 2025
Bank of America Chicago Marathon, <i>Attending Physician Volunteer</i>	Oct 2025 – Oct 2026
National Collegiate Figure Skating Championship <i>Attending Physician Volunteer</i>	Jul 2025
Romeoville Highschool, Football <i>Medical Sideline Coverage</i>	Oct 2024
FMX POCUS Workshop <i>Ultrasound Standardized Model</i>	Oct 2023
Bank of America Chicago Marathon, <i>Resident Physician Volunteer</i>	Oct 2022 – Oct 2024
Walk-with-a-Doc at Esperanza <i>Main speaker</i>	Jul 2024
Walk-with-a-Doc <i>Physician Volunteer</i>	Aug 2022
Bank of America Chicago Marathon <i>Medical Student Volunteer</i>	Oct 2018 – Oct 2021
St. Francis of Assisi, Roman Catholic Church Café <i>Server/waiter</i>	Sep 2009 – Jan 2020

Membership / Professional Affiliations

American College of Sports Medicine	Jun 2025 – Present
Association of Ringside Physicians	Sep 2024 – Present
USA Boxing, Physician Member	Sep 2024 – Present
Society of Teachers of Family Medicine	Aug 2024 – Present
Interventional Ortho-biologics Foundation	Apr 2023 – Present
American Medical Society of Sports Medicine	Mar 2023 – Present
American Academy of Family Physicians	Jul 2022 – Present
Orthopaedic Surgery Interest Group, UIC College of Medicine	Aug 2018 – May 2022
Humed, UIC College of Medicine	Feb 2020 – May 2022
Latino Medical Student Assoc., UIC College of Medicine	Aug 2018 – May 2022
Student National Medical Assoc., UIC College of Medicine	Aug 2018 – May 2022

Publications

Faisal Akram M.D., Kyle N. Kunze M.D., Benjamin Kerzner B.S., **Alejandro Gonzalez B.S.**, Arnold Palacios M.A., and Brett R. Levine M.D., M.S. **“Mid-Term Survivorship, Performance and Predictors of Outcome in Primary Total Hip Arthroplasty with a Porous Tantalum Femoral Prosthesis.”** *The Journal of Arthroplasty*. 2020; 35(12): 1-7. In Press.

J. Joseph Gholson M.D., Sara S. Wallace M.D., Faisal Akram B.S., **Alejandro Gonzalez B.S.**, Kyle N. Kunze B.S. and Brett R. Levine M.D., M.S. **“Wagner Cone Midterm Survivorship and Outcomes”** *The Journal of Arthroplasty*. 2020; 35 (8): 2155-2160. In Press.

Presentations

Alejandro Gonzalez, MD. “Winging It: Scapular Dyskinesia in a Muay Thai Athlete,” Case-study, poster presentation at AMSSM Annual Conference. April 26, 2025. Kansas City, MO.

Alejandro Gonzalez B.S., J. Joseph Gholson M.D., Sara S. Wallace M.D., Faisal Akram B.S., Kyle N. Kunze B.S. and Brett R. Levine M.D., M.S. **“Wagner Cone Midterm Survivorship and Outcomes”** Poster presented at: UIC College of Medicine Research Forum. November 22, 2019. Chicago, IL.

Media / Speaking Engagements / Educational Presentations

Family Medicine Midwest Conference, Workshop Decoding Back Pain for Primary Care <i>Lead Instructor and Presenter</i>	Sep 2025
Machine Learning in Healthcare: A Primer for Clinicians <i>PGY3 Resident</i>	May 2025
Applying to Sports Medicine Fellowship, Resident SIG <i>SMRC President</i>	Apr 2025
Family Medicine Leadership Program <i>Resident Panel Member</i>	Mar 2023
Univision Communication Inc. <i>Medical Segment, Physician Contributor</i>	Dec 2022
Esperanza Recruitment Video <i>Resident Physician</i>	Oct 2022

Hobbies and Interests

Brazilian Jiu-jitsu, Charcoal/pencil figure drawing, Still-life oil painting, Weightlifting, kettlebells, Cooking NY Strip Steaks